

Attached you can find the original interview between Andreas for SOundmagnet.eu and Arnau Diaz for The Riven in English.

Congratulations on the new album - but let's start at the very beginning There is a story that the band has come together in a session and with a lot of alcohol in London. Ist hat true?

Thanks! Yeah that's how it all started Totta, Max and I (Arnau) met in London and used to share an apartment together there One late night we started to talk about forming a band and we decided to start writing songs straight away!

You started in 2017 with an MLP that was recorded in London. The debut album was then recorded at *Holy Cuervo Studios* in Spain. Why is the recording done outside Sweden and why didn't you record at home?

We felt it would be a good experience to go somewhere far away from our homes where we wouldn't have to worry about our every day lives and just focus on focus on making music. Also, Stockholm is really cold in February, when we recorded the album, so any excuse to go far away sounded like a great idea!

You have recently added a second guitarist with *Joakim Sandegård*. Did you feel limited in your musical possibilities as a quartet?

I wouldn't say limited, there's lots of things you can do with just a trio + vocals that you wouldn't do if you had two guitars, you have more space for each instrument etc.. However, we are big fans of bands like Thin Lizzy, Wishbone Ash or Judas priest and we felt like we wanted to explore the sound of double guitars. Joakim is a killer guitarist and a better friend so it was a no brainer!



The sound and the throwback to the 1970s has been a trend for a long time that is unbroken. Is it because of the popularity of rock music in this decade or do we expect a revival of the 1980s at some point?

I don't know.. the 70s have a certain nostalgia musically that the 80s don't have, especially when it comes to rock music.. there's some great music from the 80s but it also has a very specific sound, with those drum machines, gate reverbs, walls of synths etc.. and it hasn't always aged very well. I think we'll definitely see more 80s influence in music in the following years, we already see it in TV shows like Stranger Things. Personally I don't think music will go much further than taking some influences from that decade.. but who knows!

In many songs on **Peace And Conflict** you can find musical references to bands from the 1970s. Is this intentional or do you primarily want to set yourselves apart with your own sound?

It's not intentional but I think it just happens either you want it or not.. of course we take a lot of influence from the 1970s but I think we also let some more modern influences shine on every now and then.

Rock music is also always connected with a release on vinyl from my point of view. You released the two tracks *Windbreaker / Moving On* as a single in 2020. Do you like the medium vinyl?

Yeah for sure, you can't beat the sound of a vinyl and a nice pair of speakers.. but it also has something charming, you get to look at the cover, the lyrics, some records are harder to find etc. But then you get a scratch on your favourite song and you have to listen to it on Spotify haha

The central cover motive of **Peace And Conflict** is small and features, just like the motive of the single, a descending comet. Could you say something about the origin and the meaning? Is this a sign of the end of the world and the end of mankind by a comet?

Oh well you would have to ask Maarten Donders who did the cover for the real meaning. for us it just means the duality of things, peace and conflict, death, enjoying your time while it's running out..



On the band photos of the current album **Peace And Conflict** you can be seen in a rural idyll and sitting in a cosy circle. Pictures like from a hippie commune - are you so democratic and balanced?

Well i'm not sure about balanced but definitely democratic.. we like to discuss everything and take decisions as a band. The pics from inside the album are taken in and around the house where we recorded the album actually, we were there isolated for like 3 weeks in the middle of the forest.. at some point it did start feeling a bit like a hippie commune!

On **Peace and Conflict** there are very differently focused pieces. You can find different styles from flamenco-inspired instrumentals to straight rockers and longer epic numbers. Are you consciously looking for musical breadth and how do the songs come about? Is the riff, the rhythm or the melody the origin of the compositions?

There's a bit of everything really.. usually we just start with someone having an idea, a riff, a melody or something. And then we start jamming on it all together until we have a song! And if the song is good then it stays, usually we write rock songs but as you pointed out some other styles come out every now and then!

You will tour through Sweden and Spain this year. Are you planning to play in Germany or our base Austria as well?

We have some shows booked in Germany, Switzerland and France at the moment, hopefully soon we can announce some more shows. We would love to come back to Austria! We were in Vienna with Dead Lord last year and we had a blast!

Each release showed an evolution and became a bit more perfect and refined. What can we expect musically in future recordings?

I'm sure we'll keep evolving and improving our sound.. how it will sound, well I guess it will depend on what we are into when we start writing songs but of course there's gonna be a lot of rock n roll