

Attached you can find the interview between Markus for Soundmagnet.eu and Quincy Van Overmeire as well as Emmelie Arents from Solitude Within.

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**Hello and thanks for the interview. Your band is named after a song from Evergrey and the promo text says that you appeal to fans of Evanescence or Within Temptation. But please introduce yourselves and your music, how would you describe yourselves to someone who doesn't know you?**

We are a female fronted metal band, combining classical sounds with heavy guitars. We create a unique sound by staying away from the typical high female voice often used within the symphonic genre.

**You just released your second album "When Kingdoms Fall" on your band's own label. Why do you run your own label, haven't you found a suitable one for the collaboration yet?**

Unfortunately, we haven't had any decent proposals yet. Of course we're open for collaborations and looking forward to find a label who's willing to give us a chance.

**Despite the symphonic character, rock and metal are clearly in focus in your songs. How do you approach songwriting, what do you orientate yourselves on or does everything develop spontaneously in the rehearsal room?**

"When Kingdoms Fall" has been mostly written by Quincy (guitar) and Emmelie (vocals). Most songs on the album came to life with piano and vocals and were built up from there. We never write songs in the rehearsal room.

**The album name "When Kingdoms Fall" doesn't sound very optimistic, song names such as "Beautifully Broken" or "Land of Disarray" reinforce the rather negative first impression of your topic setting. Is there a clear message behind the album or a common thread that runs through the songs?**

Life is full of loss, letting things go and trying to overcome your fears and doubts. We hope for people to find their own meaning and messages in our songs, so they feel they're not alone. The main theme is love and loss.

**As with so many bands, Covid-19 also threw a spanner in the works for you, the album should have been released earlier. What are your plans for the upcoming time, are live gigs or similar planned?**

We're planning as many new shows as possible, so we can share our new music. We're mainly looking for concerts outside of Belgium.

**Your singer is also a fantasy book author. Front woman of a metal band and author of fantasy literature - to what extent do those factors influence each other?**

Emmelie: I don't think my activities as an author influence our music much, though I have written a song about one of my novels: One Final Wish. The lyrics are based on the events of the book.

**Thank you for your answers The last words in this interview are yours, is there anything you want to say to your fans and our readers?**

Dear readers, we hope you enjoy our music and we can't wait to meet you at one of our concerts. Make sure to follow us on socials to keep track of our shows!

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