

Attached you find the original Interview before the translation from english to german between Markus for Soundmagnet.eu and Jakob Ljungberg from Second Sun.

✓ Markus (Soundmagnet): Hello and thanks for the interview. Your third album "Kampen Går Vidare" is about the transformation of a person from a young, happy rebel to an embittered cynic. Can you tell us how you came up with this concept and what stages this person goes through during the album?

**Jakob:** Hi, thanks for having us! I always feel like while writing you can't take too many things into consideration, but on the other hand, if you look at it from another point of view, often doesn't make compelling lyrics. It's easier, and often better, to go into a mood whole heartedly and explore it. Hence came the idea of making a record with different feelings and moods regarding awareness and such. I often go through several of them in a day, but we came up with the idea of letting it unfold over a lifetime, or at least a longer time.

✓ What can you do to avoid ending up an embittered cynic yourself one day?

Do what you think is important, try to not be dragged into what other people find important in terms of money, career or status. That's the philosophy, for me at least. It's different for everyone I guess, but to me time is more valuable than money and if I have to choose, I choose to have time for my family and myself over having expensive things any day. And I guess many people would say the same, yet we work ourselves to death and depression all the time.

✓ A lot of European Bands sing in English, no matter what mother tongue they speak. Your lyrics are completely in Swedish. As a german native speaker, this language sounds kinda strange to me, but also somehow familiar and very well suited for singing, by the way. What is the reason behind keeping all your lyrics in Swedish?

When we started we were going to mix English and Swedish lyrics, but then the person in charge of the English lyrics quit the band and we just kept writing stuff in Swedish. We actually recorded one of the songs he did lyrics for on a 7" named Autonomic Pilot that's still available, at least I think it's not sold out yet, from Electric Assault. We talked about doing some songs or an album or something in two versions, one Swedish and one in some other language, if it works it might be a cool idea. We'll cross that bridge when we get there!



✓ I would describe your music as Classic Rock with some NWOBHM influences. You do not seem to be the kind of band that focusses on that one special Hit, the whole album works best as a complete package. Is my estimation correct and what did you pay attention to when writing the Songs?

Well, yes and no I guess, we would never change a song for being to much of a hit or such, but at the same time you're right, we record songs that are "only" album tracks and that we know would probably never be the main single from the album. But that's the way I like it, The Sign of the Southern Cross is obviously no single, but still a killer track and one of the main reasons to spin Mob Rules front to back. We always pay attention to the melodies, the lyrics, the arrangement and the consistency, the song has to feel like a song and not just a few parts put together just to have something to record.

✓ Touring won't be possible for quite some time, at least it seems so at the moment. Can we expect to see you live in Germany and Austria once it's possible again?

We'd love to come and tour Germany and Austria! We've been on our way a few times but it's fallen through because of various reasons, schedules and such, so the next time it's possible and we can get it to work we're definitely coming to play for you!

✓ We are always looking for new music from all over the world. Which bands from your home country can you recommend that we should definitely listen to?

Dead Lord - I'm sure you've already know of them, Adam's other band. They just released a KILLER album!

Ill Wicker - beautiful haunting folk music in the style of Comus.

Joseph Tholl - Grande rock, heavy yet elegant, dark and very well crafted! Check out his album Devil's Drum.

Robert Pehrsson's Humbucker - Another one you probably know, but still so good I have to mention it Exquisitely well made rock music springing from the 70's and early 80's, classic rock I guess if we want the description short. I play drums on some tracks of the latest album, Out of the Dark. It's great, check it out!

Lamagia - Space rock to space out to, wonderous.

Fontän - Great kraut/psych.

Contaminazione - Italian style instrumental horror music feat. ex Second Sun member Sofia, very good stuff! I don't know if they released anything yet, but in the meantime take their old band Gravmaskin for spin!

Henrik Palm - Absolutely soul crushing music.

Twin Pigs - Intense and highly contagious punk rock.

✓ Thank you for your answers The last words are yours, is there anything you want to say to your fans and our readers?

Thanks for having me! Support your favorite bands and labels. Everyone's struggling and your contribution is more important than ever if anyone's going to survive this and come out on the other side alive. Stay safe and take care!